

Welcome to our curated guide to the Riviera di Levante!

Embark on a journey through Italy's coastal gems, handpicked with care and insight from trusted sources like Giovanni from Villa Claudia, Italy's Segreta, Konfekt magazine, and the Slow Food app. From hidden treasures to culinary delights, we've compiled the finest spots along this picturesque coastline. Get ready to savor the essence of the Riviera di Levante and immerse yourself in its beauty. We hope you enjoy every moment of this adventure!

Bodo, Eller and

Chani

# PORTOVENERE

This secret sixth village of the Cinque terre, and in our opinion the most beautiful one, is usually overlooked by tourists, as of its remote location in between popular places like la Spezia and the Cinque Terre. We don't mind it at all, as we prefer to share it just with the locals.

These spots are the favourite places of Giovanni from Villa Claudia in Portovenere, he also highly recommends to visit Locanda Lorena on Palmeria Island (see next page).

Iseo - located right in the middle of the Harbour of Portovenere, it's the ideal spot to watch people with a glass of something in your hand

La Lucciola - Best pizza in town

Osteria del Carrugio - for the best local experience (Slow food restaurant)



# PALMARIA ISLAND

A small island just off the coast of Portovenere. A trip to this small island is perfect for those who love adventure, because it is full of scenic walks and trails. And you can rent a canoe and visit The Blue Grotto, the Volcanic Grotto, and the Grotta dei Colombi. The nature on this island is uncontaminated and offers a variety of rare species of plants and animals, such as green oysters, raised here, which have now become a symbol of La Spezia cuisine.

To eat: Locanda Lorena is a reason on itself to visit this Island. If you book lunch at Locanda Lorena, it offers a private transfer on a Venetian Taxi-boat.



# LA SPEZIA

La Spezia is the second largest city in Liguria. Its nice to visit for groceries as it has a covered market square where they sell where some of the best local products. It also has some nice Slow Food restaurants.

#### Osteria Picciarello

A former grocery store has hosted this family-run tavern for twenty years. Local fishermen supply the kitchen (Slow food restaurant)

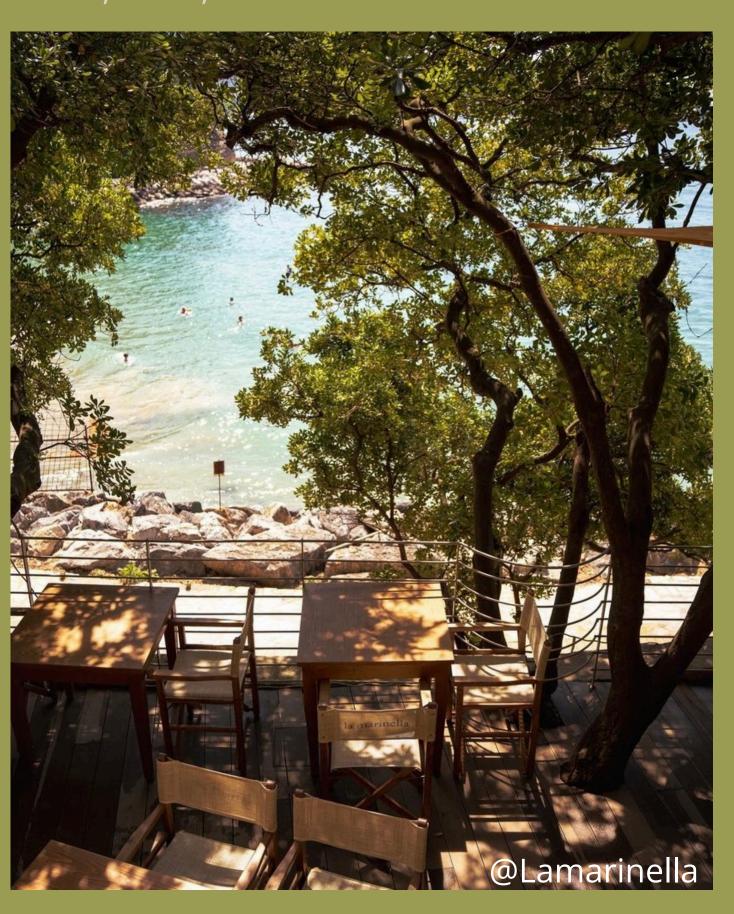
#### La Pia

A good but simple pizza place in the centre. The restaurant looks very simple but the pizza's will make up for that. Perfect for a quick lunch (Slow food)

### La Marinella (15min ride from La Spezia)

Seaside Bistrot with sun-beds and a cocktail bar located in a little bay. Seems like the ideal spot to sit by the sea with a cocktail in your hand. https://foodboard.it/la-marinella/

**Terrazza Belvedere** (30 min ride from La Spezia) lounge gallery where you can share food, wine, art and music





# PORTOFINO

Up in the hills above Portofino, overlooking the Ligurian Sea, you can find **La Portofinese.** While Portofino is known as a famously picturesque fishing village in Italy, the scope of La Portofinese is to take you beyond the famous "piazzetta" and allow you to explore the charming hillsides, in an exclusive "insider's experience" involving nature, wellbeing and the delicious local cuisine with tasting of local products.

**La Portofinese** is a family-run business. Our goal is to accompany you on a journey to discover a more authentic side of Portofino. Places to visit:

### Osteria dei Coppelli

a realm of tailor-made lunches and dinners both indoors and outdoors, following the "one table only" recipe.

### The Portofino's Lighthouse

Portofino's Lighthouse, the farthest point of the territory. It is here you will find the ideal setting for unforgettable Italian aperitivos and delicious light faire. More than a cocktail bar with a spectacular view.

### Ü Caban

A wine bar and a shop for local products in a former whisky bar on the first floor of a typical village home overlooking the sea.

www.laportofinese.it/en



### U GIANCU

Founded by papá Giancu, mamma Rina and aunt Lice on the hills above Rapallo, U Giancu is a country restaurant.

Walls are literally covered by original comics drawings from every part of the world.

U Giancu is for everyone: families with children, lovers, business dinners, important events or simply to dine in an unusual place.

On the terrace among olive trees in spring or summer and close to the fireplace, among comics drawings, when weather is not nice.

www.ugiancu.it





# CINQUE TERRE

While Cinque Terre certainly does not need more visitors, we understand that you want to visit those five villages at least once in your lifetime, and you are right to do so as the path along the coast is breathtakingly beautiful.

#### HIKE

The five villages are connected by a beaten path, so you can hike from one village to the other. We think the scenic route from Monterosso to Vernazza is the most beautiful one and will take you about one hour.

#### WHERE TO EAT

Cantina di Miky- Located in the heart of Monterosso, a family-owned restaurant. Renowned for its exceptional menu crafted from locally sourced, km0 ingredients: selection based on the day's fresh catches and offerings from nearby farms. Owners Christine and Manuel, brimming with passion for their region and its culinary heritage, extend warm hospitality, making diners feel right at home

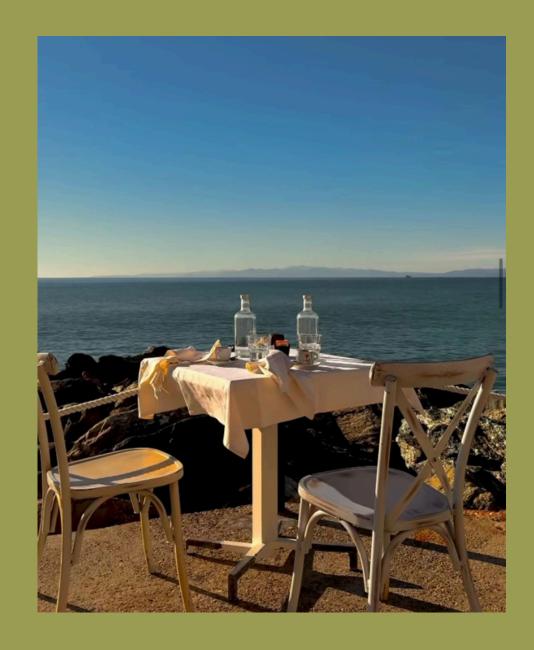
**Nessun Dorma** - A dreamy place to sip an Aperol spritz and to watch the sunset and enjoying the slow life from above Manarola. Perhaps one of the best places of the Ligurian coast.

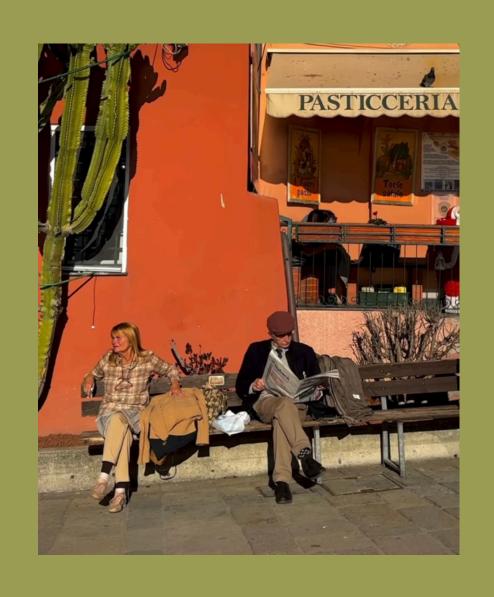
# CAMOGLI

I know the colourful beach town of Camogli only from the instagram of @paoloabate who makes me believe that this is one of the most relaxed and authentic places of the country. One where the sun is always shining and where there are only beautiful, old people people enjoying a glass of wine and a cigarette in the sun 24/7. Well his Instagram definitely makes me wanna check out this

### Dai Muagetti

Build on a rock, this spot offers an amazing view for an aperitivo.









@paoloabate

# DRINK WINE

Quite characteristic for this area of Liguria are the terraced vineyards.

Here are a few of @italyssegreta favourite vineyards:

Azienda Agricola Possa and Cantina cinque Terre

are the best for tasting a good glass of wine in a venue overlooking the sea. Ligurian wines are very savoury and tasty thanks to their location on the sea, lots of sun, wind and little water. Among the most famous to remember (and to try) is the Sciacchetrà, the most delicious wine of the Cinque Terre. The grapes are still selected one by one to make a very concentrated mosto, left to age until the following year after the harvest.

https://cantina5terre.com/

#### Ca' du Ferrà

Another winery near San Giorgio (above Bonassola). Here you can also try Sciacchetrà A real must for anyone interested in Italian wine culture. The owner Davide will guide you through the discovery of an exceptional territory. At the end of the visit, you will be able to taste the estate's wines in a truly spectacular location.

https://caduferra.wine/en/

